

GOD IS.



# Welcome to **KESHAR PARVAT**

(Personally owned barren rocky hillock of 22 acres)

**A beautiful thick dense forest developed on a barren rocky hillock with 40,000 trees planted on rocks and stones single handedly by Dr. S.L. Garg in last 8 years.**

**Our target is to plant 10,000 trees more soon.**

**We purchase water everyday to water the plants through drip irrigation.**

**Keshar Parvat stands for Spirituality, Serenity, Nature, Lovely Environment, Inner Bliss, Good Health, Green Stay, Sustainability and Eco-Friendliness**

**Enjoy and Feel the Nature and the God through Green Dense Forest of 40,000 Trees**

**(One of the best environmentally pure and hot biodiversity spots of INDIA)**



# केशर पर्वत

(50000 Tree Plantation Project By World Researchers Associations)

१. जगेश  
मंदिर  
२. पेड़ पौधों  
पर रोष

१. योग एव  
ध्यान कक्ष  
२. पेड़ पौधों  
द्वारा ईलाज





# KESHAR PARVAT, A DREAM PROJECT OF PROF. DR. S.L. GARG NEARLY ON COMPLETION



Prof. Dr. S.L. Garg, 74 years, converted the hillock into a beautiful dense forest in last 8 years by planting 40,000 trees.

After his retirement in the year 2015, Dr. Garg and his family members took initiatives to convert barren rocky hillock into a green forest from September 2016.

It was next impossible for plantation and the survival of plants but it happened.

No water, No soil, No plain surface, No fertilizers, No pesticides, No big trees, No gohar khad, No funds.

But 40,000 trees growing well at 430 temp. on rocks and stones. A true wonder of GOD.







# GREENERY OF 2024



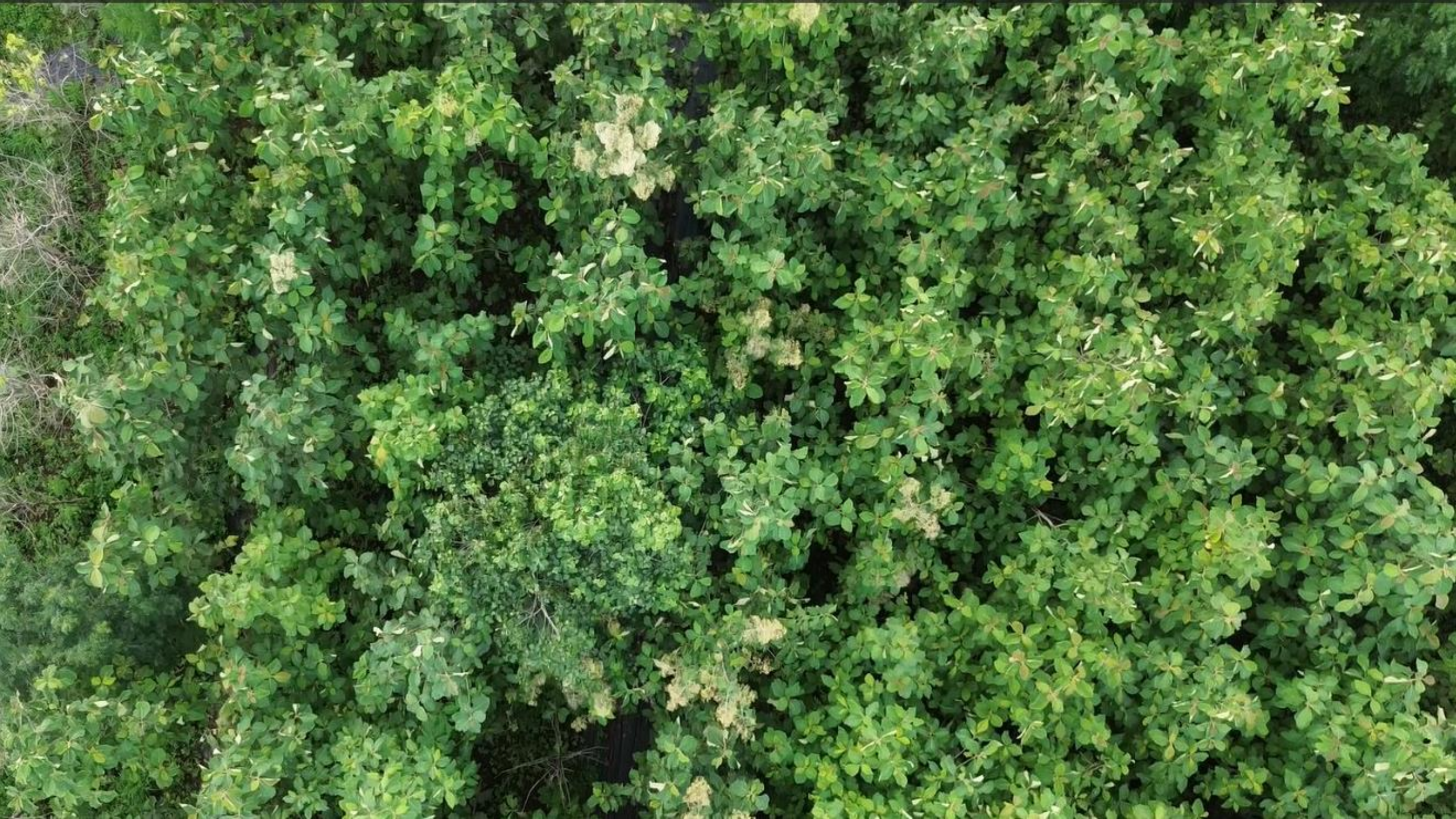














# BARREN ROCKY HILLOCK AS IN JUNE 2016





**THE SURFACE OF THE LAND IS ROCKY AND FULL OF STONES.  
IT IS NOT POSSIBLE TO DIG MORE THAN 6 INCH. THE SOIL CONSISTS OF MURRAM.**





# OUR MISSION

- To create thick dense forest with 50,000 trees; 40,000 trees already planted in last 8 years.  
(we do not count flower plants like Roses, Marigold, Sunflower etc.)
- To create a natural, spiritual and serene atmosphere to feel the Nature and ultimately the GOD.
- To meditate for a confluence of mind, body and soul including Yoga and Therapies.
- To cure people of various diseases through nature and through various plants, leaves, flowers and fruits. People should be healthy and free of diseases.
- To take care of Cancer and Cerebral Palsy persons through green environment and naturopathy and physiotherapy.
- To promote research in various subjects and to organize conferences at Keshar Parvat.
- To create Sensory Garden, the first in Indore city for Divyang children.
- To educate people and students about environment. "SAVE ENVIRONMENT; SAVE EARTH"



# JOIN US IN OUR MISSION OF PLANTING 50,000 TREES BY 2025

- 40,000 trees of more than 500 species already planted in last 8 years on a barren rocky hillock where there were no trees since ages.
- Barren rocky hillock now turning into beautiful dense forest.
- Water is being purchased every day to keep the plants alive through drip irrigation.
- Natural farming and natural forestry.
- Nakshtra Vatika and Medicinal Plants.
- Beginning of a sensory garden for Divyang (disabled) children and various sports facilities.
- Cure of various diseases through plants and flowers.
- Promotion of research.



# OUR JOURNEY OF PLANTATION AT BARREN HILLOCK FROM SEPTEMBER 2016





# PLANTATION STAGE YEAR 2017-18





# PLANTATION STAGE YEAR 2018-19





# PLANTATION STAGE YEAR 2019-20





# PLANTATION STAGE YEAR 2020-21





# PLANTATION STAGE YEAR 2021-22





# PLANTATION STAGE YEAR 2022-23













# HOW WE STARTED?

- There was no water on the barren rocky hillock and there were no trees on the hillock since ages. We started planting local trees like Banyan, Neem, Pipal, Mango, Guava, Lemon, Bamboo etc. from September 2016. We purchased water initially through water tankers and now we purchase from farmers of nearby villages. We tried 3 bores at our hillock up to 600 feet but failed. No body believed that trees can grow on that barren hillock named Keshar Parvat by us. But the miracle happened and the plants started growing on rocks and stones. In general, we planted the trees of height 9 inch to 1 foot. Digging was possible only up to 6 inches. The growth was slow but steady.
- When we planted about 500 trees and all started growing, then we took a challenge to plant various types of trees and we got success. At present, out of 40000 trees, more than 15000 trees have gained height of more than 12 feet. Survival rate of plants at our place is 95%.



# WHY THE NAME KESHAR PARVAT ?

- It was a wonder that Saffron (Keshar) grew at our place in the year 2021 with about 25 flowers, 100 flowers in year 2022 and about 500 Saffron flowers in year 2023 in spite of all the odds. We expect 2000 flowers in year 2024. We have learnt the technique how to grow saffron in a hot place having temperature 430 Centigrade.
- We wish that fragrance and beauty of Keshar Parvat spreads everywhere just like Saffron, the Red Gold.



**FIRST FLOWER IN YEAR 2021**





# WOOD TREES AT KESHAR PARVAT

Teakwood, Rosewood, Sandalwood, Mahogani, Banyan, Sal, Anjan, Bamboo, Willow, Deodar, Pine, Dahiman, Khamar, Silver Oak etc.



**TEAKWOOD**



**BANYAN**



**ROSEWOOD**





**WILLOW**



**DAHIMAN**



# FRUIT TREES AT KESHAR PARVAT

Olive, Dragon, Apple, Avocado, Fig, Cherry, Peach, Mango, Guava, Custard Apple, Aonla, Sapota - Chiku, Lichi, Orange, Sweet Lime, Lemon, Pomegranate, Mulberries, Strawberries, Kabit, Khirni, Jackfruit, Banana, Jamun, Khajur – Dates, Papaya, Almond, Cashew nut, Pear, Star fruit, Walnut, Imli, Mandu Imli, Mahua, Gular etc.



**APPLE**



**CUSTARD APPLE**

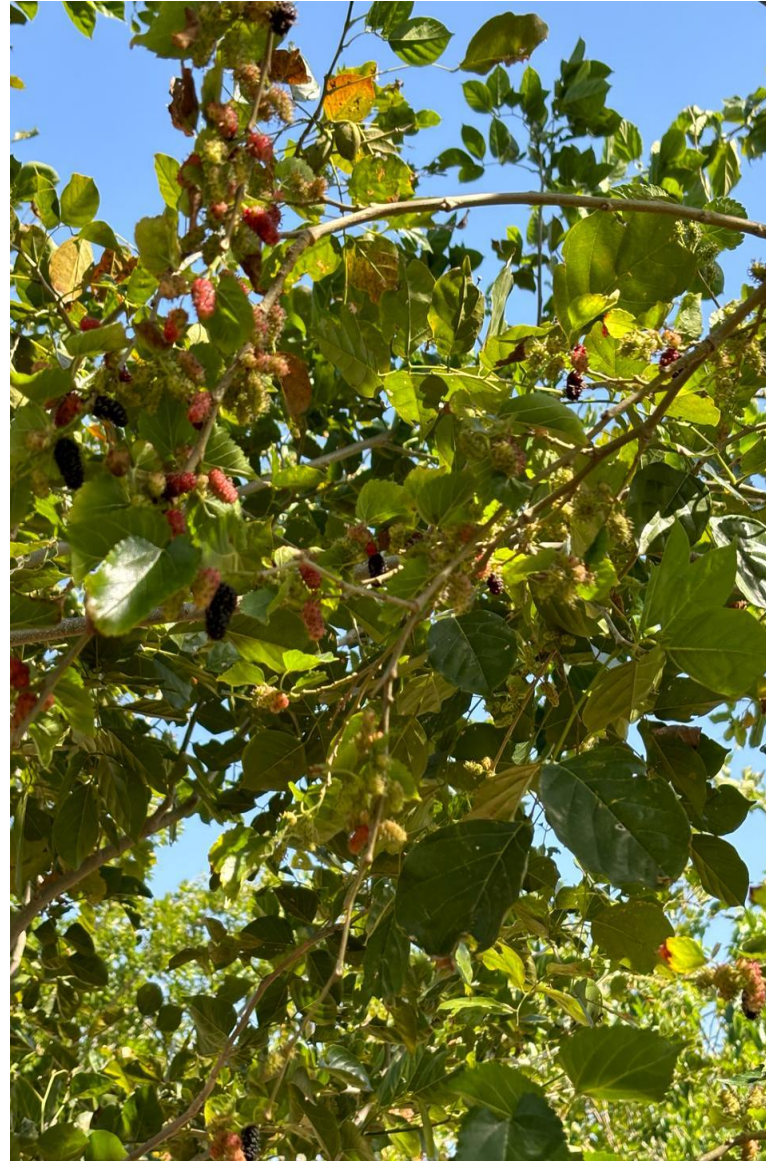


**DRAGON**





**PHALSA FRUIT**



**MULBERRIES**



**CASHEW NUT**





**OLIVE**



**MONLA**



# FLOWERING TREES AT KESHAR PARVAT

African Tulips, Kachnar, Amaltas, Gulmohar, Paras Pipal, Palash, Maulshree, Champa, Kusum, Tikoma, Jacaranda, Tinsa, Kumbi, Parijat, Kadamb, Flame of the forest tree etc.  
(Along with Roses, Marigold, Sunflower, Chandani, Keli etc.  
We have not counted these flowers in our list of 40,000 trees.)



**AFRICAN TULIPS**



**PARAS PIPAL**



**KACHNAR**



# MEDICINAL PLANTS AT KESHAR PARVAT

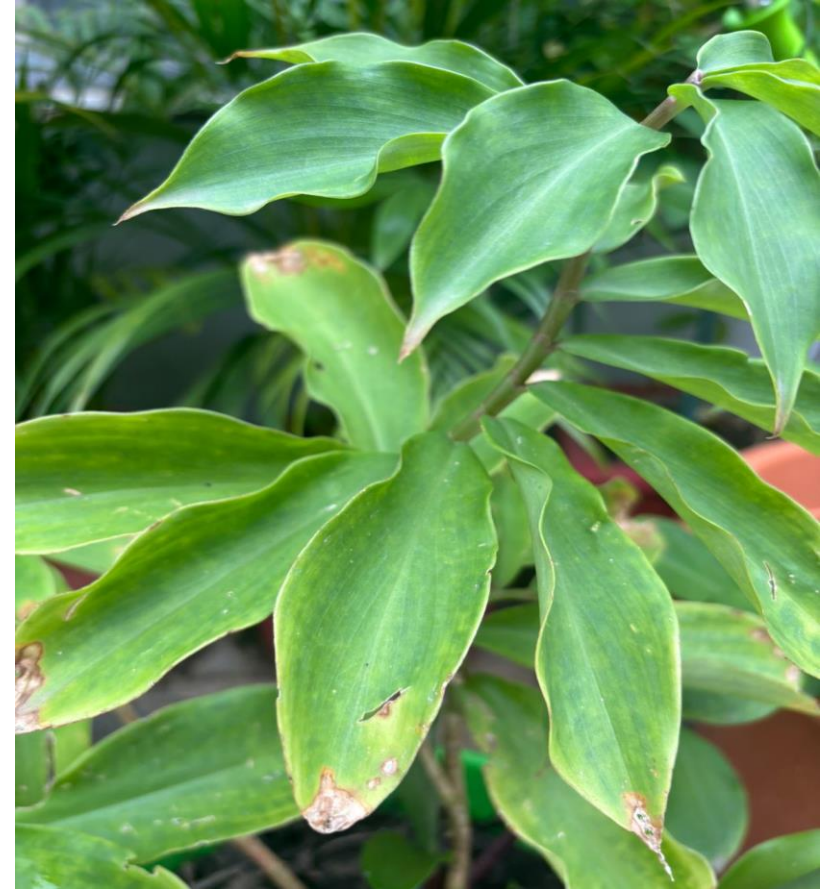
Aloe vera, Tulsi, Turmeric, Ashwagandha, Arjun, Indian bael, Shatavari, Adusa, Moringa, Stevia, Kapur, Googal, Karipatta, Baheda, Harra, Nirgundi, Cinnamon, Arandi, Insulin, Laxmitaru, Lemon Grass, Rosemary, Tejpan, Hing, Black pepper, Cardamom, Nagkeshar etc.



**CARDAMOMS**



**BAHEDA**



**INSULIN**

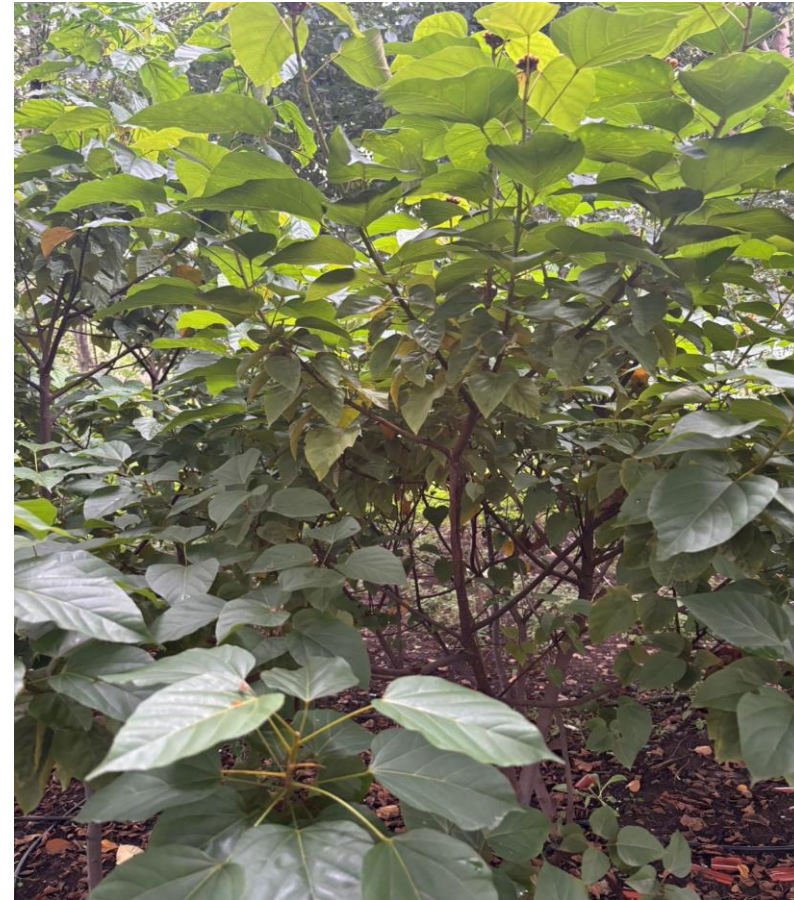


# GENERAL TREES AT KESHAR PARVAT

Rudraksh, Pipal, Neem, Sindur, Putrajeeva, Garud, Sita Ashok, Ashok, Shami, Kapur, Gum, Rubber, Kalpvriksha, Jatropha etc.



**RUDRAKSH**



**SINDOOR**





**KALPVRIKSHA**



**PUTRAJEEVA**



# MAN MADE POLY POND

Water is purchased every day to water the plants through drip irrigation but with the construction of a Poly Pond in year 2021, water is used from the Pond in the summer every year.





**ONE CAN SEE THE ROCK STRATA BELOW THE GROUND IN THIS WELL.  
IN MONSOON IT IS FULL BUT THERE IS NO WATER IN THE WELL IN THE REST OF MONTHS.**





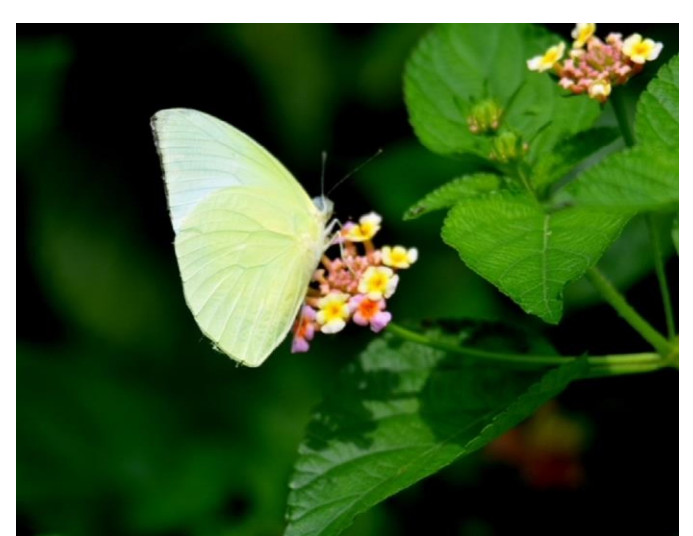
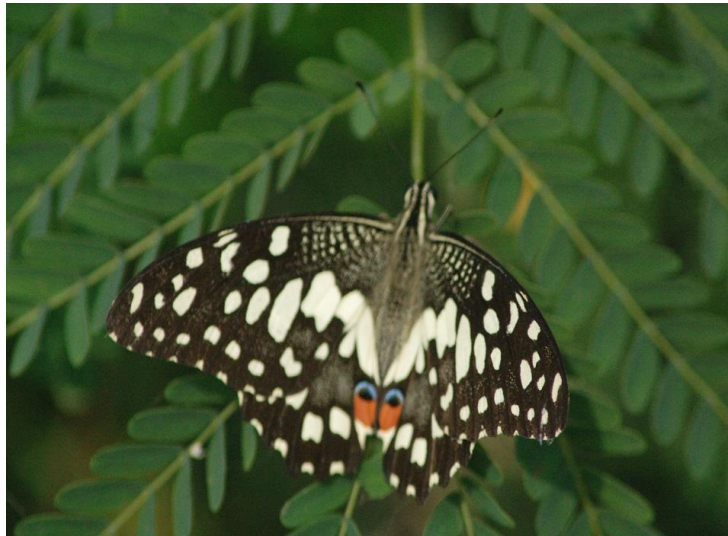
# CONFERENCE CUM MEDITATION HALL

Keshar Parvat is an ideal place for enjoying nature and greenery and it is the best environmental forest and hot biodiversity spot in Madhya Pradesh.





# 30 TYPES OF BIRDS AND 25 TYPES OF BUTTERFLIES AT KESHAR PARVAT





# WILD ANIMALS AT KESHAR PARVAT

(Jackal, Neel Gai, Rabbits, Snacks, Scorpion, Wild Pigs, Hyena)



**JACKAL**



**SCORPION**



**NEEL GAI**



# SENSORY GARDEN AT KESHAR PARVAT FOR DIVYANG (DISABLED)











**CRICKET GROUND AND ACUPRESSURE  
FOR DIVYANG CHILDREN AND OTHER CHILDREN**



# WHAT WE ARE DOING?

1. We have provided cure from various diseases like knee pain, Diabetes, Corona Virus etc. to more than 1000 people in year 2024 from various trees and their fruits, flowers and leaves.
2. The fresh air of 40,000 trees has benefited 10 square km area including Mhow. More than 1 lac people of defense personnel have been benefited along with the villagers. Nobody suffered from Corona in nearby villages because of Keshar Parvat.
3. The water level of surrounding areas has gone up from 600 feet to 300 feet in year 2024.
4. We promote research in various scientific disciplines free of cost by publishing research papers in SCOPUS indexed journals. We also promote research in plants and plant products.
5. We offer free career guidance to all the students above 10<sup>th</sup> class.
6. We offer foot therapy at Keshar Parvat through acupressure.
7. We offer sports facilities like Cricket, Basket ball, Table tennis, Chess, Carrom etc.
8. We offer Yoga and Meditation.
9. We offer music therapy.
10. We have Nakshtra Vatika. As per Hindu mythology, people are born in any of 27 Nakshtras and one can offer prayers to the plants of that Nakshtra here in which they were born.
11. We educate various people and students of various colleges and schools for environment, trees and their benefits. Our aim is SAVE ENVIRONMENT; SAVE EARTH



To live in forest is a bliss. In the lap of the nature, one becomes spiritual and one can feel God. Everyone is welcome to visit Keshar Parvat and feel the nature and the God. One can stay there as well.



**LORD GANESHA**



**LORD BUDDHA**



## OUR EXPERIENCE SAYS

1. Just like the humans, the plants of any country can be planted any where and they should grow well. We have planted the Olives of Italy and Spain, Dates of Mexico, Avocados of Australia and they are doing well at Keshar Parvat.
2. Trees behave like humans, they talk with the nearby plants, they are full of life, therefore we plant two trees of same species together for good growth.
3. Whenever we purchase the plants, we just keep the plants in open atmosphere of Keshar Parvat for 10 to 15 days so that they get acclimatized. Then we plant and their growth is good.
4. The best season for plantation is February where it is neither too hot nor too cold. Plantation can be done in Monsoon provided we take care that it is not raining continuously for 5 days after plantation or it has not rained for 5 days after plantation.
5. We have planted on stones and rocks and plants are doing well even without much soil.
6. One should go for natural farming – no need of Fertilizers, Pesticides, Gobar khad etc.
7. Plants love music and so we offer them music therapy.
8. Plants also love touch therapy.
9. Every plants is like a God and every plants has power to cure some disease or other disease.



# SUNRISE





# SUNSET





# TREE PROVIDES

- Fresh air
- Water
- Food
- Cure from various diseases
- Prevents disasters like flood, drought, land slides and so on
- Increases the economy of the country and the world.



## **MEMBER OF PARLIAMENT SHRI SHANKAR LALWANI AND EX-STATE MINISTER USHA THAKUR AT KESHAR PARVAT**





**EX-SPEAKER LOK SABHA MRS. SUMITRA MAHAJAN AT KESHAR PARVAT  
AND DR. GARG PRESENTED SAFFRON OF KESHAR PARVAT TO MRS. MUMBA,  
SECRETARY GENERAL OF THE CONVENTION ON WETLANDS, UNO, SWITZERLAND**





## **PADMASHRI SHYAM SUNDER PALIWAL AND ENVIRONMENTALIST PRADIP KRISHEN AT KESHAR PARVAT**









## मंडे पॉजिटिव ■ रिटायर्ड प्रिंसिपल ने 7 साल में बंजर पहाड़ी को बनाया जैव विविधता केंद्र मालवा में लहलहाया इटली का ऑलिव, ऑस्ट्रेलिया का अवाकाडो

अमित मंडलौई | इंदौर

शहर के एक कॉलेज के रिटायर्ड प्रिंसिपल ने महज सात सालों की मेहनत से 22 एकड़ की बंजर पहाड़ी को जैव विविधता के अनूठे केंद्र के रूप में विकसित कर दिया है। इसमें प्राकृतिक तरीके से 400 प्रजातियों के 35 हजार से अधिक पौधे लगाए हैं। इनमें 5 से 20 डिग्री सेल्सियस तापमान में पाए जाने वाले इटली के ऑलिव से लेकर ऑस्ट्रेलिया का अवाकाडो तक शामिल है। ये सभी मालवा की सर्दियों में न्यूनतम 8-10 और गर्मियों में अधिकतम 30 से 40 डिग्री तापमान में भी लहलहा रहे हैं। पौधों की मृत्युदर 5% है। यहां मैक्सिको के खजूर, थाईलैंड का ड्रैगन और नेपाल के



सेब से लेकर कश्मीर के केसर और केरल के तमाम मसालों समेत हर तरह के फूल, फल व घनी छांव देने वाले पेड़ हैं।

प्रो. एसएल गर्ग केमेस्ट्री पढ़ाते थे और बॉटनी से कोई रिश्ता नहीं था, लेकिन हरियाली के प्रति जुनून से उन्होंने पारंपरिक पौधरोपण के बारे में सोचा। इटली से पांच साल पहले वे ऑलिव के 100 पौधे लेकर आए थे। इनमें से 95 पौधे अब छह फीट से ऊंचे हो चुके हैं। वे बताते हैं कि नीति आयोग के तत्कालीन



उपाध्यक्ष डॉ. राजीव कुमार को जब बताया कि उन्होंने ऑलिव उगाए हैं, तो वे चकित रह गए। वे खुद यहां आए और ऑलिव देखे तब उन्हें यकीन हुआ। प्रो. गर्ग कहते हैं कि अच्छे परिणामों ने हौसला बढ़ाया तो मालवा के मौसम में लगभग असंभव केसर की खेती शुरू की। तीन साल में 15 पौधों से शुरू कर लगभग 1000 पौधों तक केसर पहुंच गई है। इसी कारण पहाड़ी का नाम केसर पर्वत कर दिया है।

**समान प्रजाति के पौधे साथ लगाए, इन्हें फरवरी-मार्च में रोपा**

- एक जैसे पौधे एक साथ लगाए यानी कभी भी एक प्रजाति के पौधे को अकेले नहीं लगाया। कम से कम दो आम, दो ऑलिव, दो सेब साथ लगाए। इससे पौधों की ग्रोथ अच्छी होती है।

- विदेशों से काली थैलियों में लेकर लाए गए पौधे सीधे नहीं लगा दिए गए, उन्हें 8-10 दिन वैसे ही रहने दिया। पानी देते रहे, ताकि वे वातावरण से अनुकूलता बना लें। 10-15 दिन बाद लगाया तो वे पनप गए।

- कम पानी में पौधों को जीवित रखने के लिए उनकी आसपास घास व खरपतवार का बैंड बनाया, ताकि वे अधिक देर तक नमी को पौधे के आसपास बनाए रखें।

- मानसून में पौधे लगाना कारगर नहीं है।